



SESSION SIX:



What Will We Leave at the Cross?

STUDENT HANDOUT

Key Verses

Trust the Lord with all your heart.
Don't depend on your own understanding.
Remember the Lord in everything you do.
And he will give you success.

Proverbs 3:5–6 ICB

PAIR UP: Choose a Symbol

Turn to your neighbor and share which of the symbols of Easter, listed below, struck you the most, and why. Was there any symbol you had never really thought about before that you now understand better? What do you appreciate more about Easter now that you have learned about these symbols?

- **Session 1, Thorns Crown the Winner:** Jesus' crown of thorns as a symbol of victory over the painful consequences of sin
- **Session 2, Nails Fix Everything:** the nails in Jesus' cross as a symbol of fixing our broken relationship with God
- **Session 3, Out from Behind the Curtain:** Jesus' robe and the torn temple curtain as symbols of our access to God's presence
- **Session 4, The All-Access Cross:** Jesus' cross as a symbol of God's holiness (the tall beam) and his love (the crossbeam)
- **Session 5, Sad Thing, Glad Thing:** Jesus' discarded grave clothes as a symbol of Christ's triumph over death

QUESTIONS ABOUT LEAVING IT AT THE CROSS:

The following scriptures contain promises for our lives. In order to claim God's promises, there are things we need to leave at the cross.

1. Read Philippians 4:6–7.

- a. What are we instructed to do in these verses?
- b. Is it really possible to be anxious about nothing? Explain your answer.
- c. What promise are we given in these verses?
- d. What do you have to leave at the cross in order to benefit from the promise of this verse?

2. Read 1 Peter 3:8–10.

- a. How are we supposed to treat people, according to this passage?
- b. What are we not supposed to do in our relationships?
- c. What promise are we given in this passage?
- d. Which of these sins is Christ asking you to leave at the cross in order to benefit from the promise of this verse?

3. Read Proverbs 3:5–6.

- a. What are we instructed to do in these verses?
- b. How is this to be done, practically speaking?
- c. What promise does this verse give us?
- d. What do you have to leave at the cross in order to benefit from the promise of this verse?

4. Read John 14:1–3.

- a. Look back at John 13. What was happening that was troubling the disciples?
- b. What did Jesus tell them to do so they wouldn't be troubled?
- c. What promise did Jesus give them about what happens after you die?

ACTIVITY: LEAVE IT AT THE CROSS

In response to Jesus' sacrifice for us, we are encouraged to leave something at the cross. In each of the following categories, what can you leave at Calvary? Make a list of as many of these moments in your life as you can think of.

- Bad moments (sins)

- Mad moments (relationship issues)

- Anxious moments (worry)

- Final moment (fear of death)

Then review the 4 scripture passages we discussed, and choose the one you need the most right now. Write it out below.

PRAYER TIME:

In a quiet, private time of prayer, confess the things on your list to the Lord. Thank the Lord that he invites you to place all of these troubling things at the foot of the cross—the only place they can be drained of their power. Then turn the verse you chose into a prayer, asking God to help you live according to this verse and to receive the promise he made to those who obey him.