

You Are Special

LESSON 5

I Have a Purpose



THEME:

God created us for his purpose.



BIG IDEA FROM BOOK:

Because God created us for his purpose,
we will be victorious through him.



BIG IDEA FROM LESSON:

God's love protects us when we face scary things.



KEY VERSE:

ROMANS 8:37

In all these things we have full victory through
God who showed his love for us.



KEY VERSE FOR PRESCHOOL:

ROMANS 8:37

We have victory because God loves us.

LESSON OUTLINE:

| | |
|---|------------|
| WELCOME: Coloring Sheet | 5 minutes |
| STORY: Read <i>Hermie, A Common Caterpillar</i> | 10 minutes |
| VERSE: Romans 8:37 | 5 minutes |
| SONGS: “S-M-I-L-E” and “The B-I-B-L-E” | 5 minutes |
| LESSON: Built God-Tough | 10 minutes |
| CRAFT: Rainbows | 10 minutes |
| GAME: M&M’s Game | 5 minutes |
| ACTIVITY: The Fuzzy Caterpillar. | 5 minutes |

Materials Needed:

- WELCOME: Coloring sheet (1 per child), crayons
- STORY: Copy of book *Hermie, a Common Caterpillar*
- VERSE: 32 3 x 5 index cards
- SONGS: Songs downloaded to a media player with portable speakers
- LESSON: Clear plastic or glass pitcher, water, and 2 oranges (1 peeled, 1 not peeled)
- CRAFT: Cloud template, white construction paper (1 sheet per child), construction paper strips in red, orange, yellow, green, blue, and purple (1 strip per color for each child), markers, and glue
- GAME: A bag of M&M’s, a small bowl, poster board, and colored markers





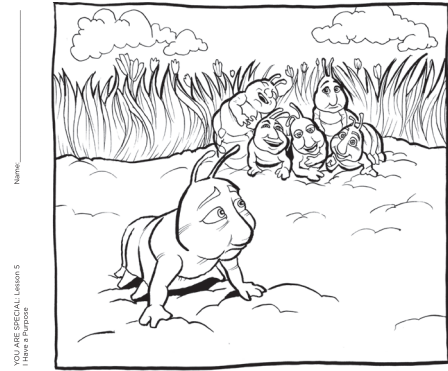
WELCOME

5 MINUTES

Materials Needed:

- Coloring sheet (1 per child)
- Crayons

As children enter the classroom, offer them a coloring sheet and crayons while they wait for friends to arrive. Greet each child.



STORY

10 MINUTES

Materials Needed:

- Copy of book *Hermie: A Common Caterpillar*

Read the book *Hermie: A Common Caterpillar*. Before reading, discuss what the word *common* means.

Comprehension Questions:

These can be asked at the end of the book or as you go along.

1. How can we hear God speak? (*We hear God speak in our hearts.*)
2. What can we talk to God about? (*We can talk to God about anything.*)
3. Hermie had a good friend who also talked to God. Why is it important to have Christian friends? (*They can support us and encourage us. We can pray together.*)
4. Hermie met a lot of animals who were very different from him. Why do you think God made us all different? (*So we can help each other. We can appreciate our differences. We can all be good at different things to make a strong team.*)
5. Hermie was unhappy with the way God had made him. Why is it wrong to feel that way? (*Because God doesn't make mistakes and God's timing is perfect!*)



Say, **Hermie's story shows us that God loves us even when we don't feel like it. He has a wonderful plan for our lives, even if we think we aren't very special. That's what our verse is about.**



In all these things we have full victory through God who showed his love for us.

—ROMANS 8:37

VERSE

5 MINUTES

Materials Needed:

- 32 3 x 5 index cards

Preparation:

- Print the verse on 3 x 5 index cards, one word per card. Make two sets.

PRESCHOOL VARIATION

Create two sets of the following cards, including both the words and the pictures:

- Card 1: We have (*draw several smiling faces*)
- Card 2: victory (*draw a first place ribbon*)
- Card 3: because God (*draw a throne*)
- Card 4: loves (*draw a heart*)
- Card 5: us (*draw several smiling faces*)

Divide the class into two teams. Give each team a set of verse cards. See which team can put the words in the correct order first.





SONGS

5 MINUTES

S-M-I-L-E

Cedarmont Kids: Silly Songs

(to the tune of “Glory, Glory Hallelujah!”)

It isn't any trouble just to S-M-I-L-E!
It isn't any trouble just to S-M-I-L-E!
So smile when you're in trouble, it will vanish like a bubble,
If you'll only take the trouble just to S-M-I-L-E!

Ha ha ha ha ha ha ha ha
He he he he he he he he
Ho ho ho ho ho ho ho ho
Ha ha he he ho he ho.

It isn't any trouble just to L-A-U-G-H!
It isn't any trouble just to L-A-U-G-H!
So laugh when you're in trouble, it will vanish like a bubble,
If you'll only take the trouble just to L-A-U-G-H!

Ha ha ha ha ha ha ha ha
He he he he he he he he
Ho ho ho ho ho ho ho ho
Ha ha he he ho he ho.

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The B-I-B-L-E

The B-I-B-L-E

Yes, that's the book for me!

I stand (stand up) alone on the Word of God

The B-I-B-L-E!

The B-I-B-L-E

Yes, that's the book for me!

I rest (sit down) alone on the Word of God

The B-I-B-L-E!

LESSON: BUILT GOD-TOUGH

10 MINUTES

Materials Needed:

- Clear plastic or glass pitcher of water
- Oranges, one of them peeled

Say, **Did you know that when we know and love Jesus, we are built God-tough? I am going to show you how it works!**

Pick up the unpeeled orange. Say, **This orange has an armor on. It has this nice, tough peel on it to protect the soft, juicy fruit inside. If I drop it on the table (drop the orange), the armor protects it from getting hurt. If we know and love Jesus, we have an armor around us too! It's God! We are built God-tough!**

PRESCHOOL VARIATION

Explain that armor is like a tough shell that soldiers wear to protect them from getting hurt.

This water represents the bad things and the scary things that are in this world.

Can anyone name some bad or scary things? *Bullies, monsters in the closet, thunder, etc.* **God gives us this protection** (point to the orange peel) **against all of those things!"**

Place the orange in the water and demonstrate that it floats.

Pick up the peeled orange. Say, **this orange is like someone who does not have any protection. He has no armor on. He was not built God-tough because he doesn't know Jesus! Watch what happens to him when he is faced with scary things.** Place the peeled orange in the water and demonstrate that it sinks.

Isn't it better to be built God-tough? Let's say, "I'm Built God-Tough!" I'M BUILT GOD-TOUGH! Louder . . .

CRAFT: RAINBOWS

10 MINUTES

Materials Needed:

- Cloud template
- White construction paper (1 sheet per child)
- Construction paper strips in red, orange, yellow, green, blue, and purple (1 strip per color for each child)
- Markers
- Glue

Preparation:

- Using the cloud template, cut clouds out of white construction paper (1 per child).
- Cut strips of colored construction paper.





Using a marker, have the children write their name in large letters on their cloud. On each colored strip of paper the children will write an attribute that they have that makes them God-tough. You may wish to brainstorm on the board so they understand what to write on their strips, and so they can see the correct spellings.

Ideas:

- I love Jesus
- I'm strong
- I'm smart
- I'm kind
- I'm a good friend

Glue the strips of colored paper to the bottom of the cloud so they hang down like rain.

PRESCHOOL VARIATION

Do all the writing tasks ahead of time, and have the children glue the strips to the bottom of the cloud.

GAME: M&M'S GAME

5 MINUTES

Materials Needed:

- One pack of M&M's
- Bowl
- Poster board, colored markers

Preparation:

- Make a color code poster, copying the chart below.
- Put the M&M's in a bowl. Have the children sit in a circle. Ask the first child to close their eyes and take an M&M out of the bowl. Have student follow the instructions on the color code poster. Go around the circle several times.





Color Code Poster

| If you choose: | Say this: |
|---|--|
|  | Say something nice about the person on your left. |
|  | Say something nice about the person on your right. |
|  | I feel happy when . . . |
|  | I'm really good at . . . |
|  | I'm thankful for . . . |
|  | I want to learn how to . . . |

ACTIVITY: THE FUZZY CATERPILLAR

5 MINUTES

The fuzzy caterpillar (*wiggle finger like an inchworm*)

Curled up on a leaf (*pull arms in tight to body*)

Spun her little chrysalis (*spin around once*)

And then fell fast asleep (*hands by cheek, eyes closed*)

While she was sleeping

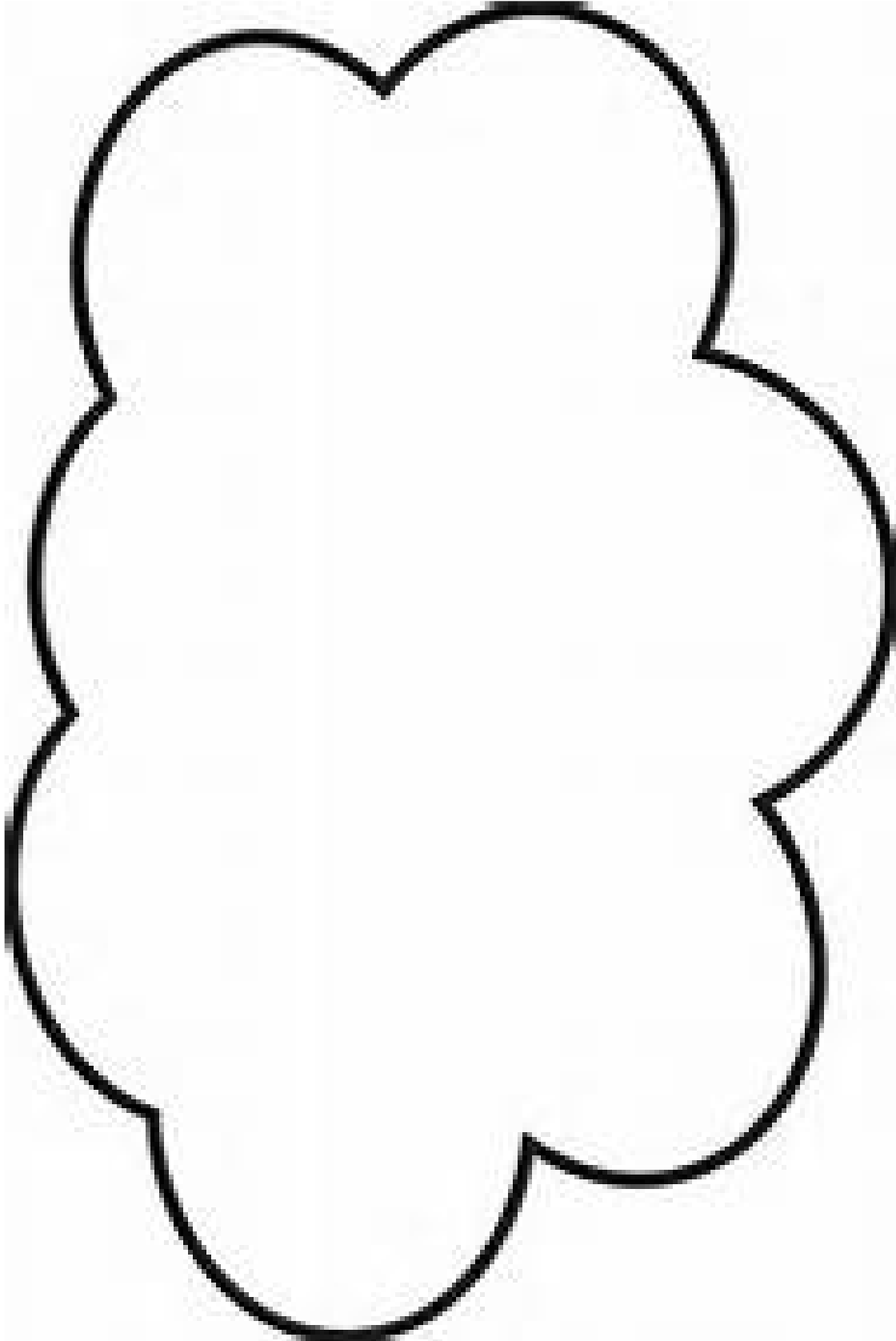
She dreamed that she could fly

And later when she woke up (*stretch*)

She was a butterfly! (*flap wings*)



CLOUD TEMPLATE



Name: _____

