

GOD CALLED. HE WANTS HIS JOB BACK.



Karen Ehman

is the Director of the Proverbs 31 Ministries national speaking team, a popular presenter for the Hearts at Home national conferences and a contributor to Focus on the Family's magazine *Thriving Family*.

In this six-session video-based study, Karen Ehman guides you to discover for yourself the freedom and reward of an “out of control” life. Armed with relevant biblical and current examples, new thought patterns, and practical tools to implement, *Let. It. Go.* leads you out of the land of over-control and into a place of quiet trust, with God seated in the rightful place in your life.

Designed for use with the *Let.It.Go. Study Guide*.

- 1: God Called and He'd Like His Job Back
- 2: Combating the “Me First” Mentality
- 3: Pursuing the Appearance of Perfection
- 4: Practicing the Art of Soul Control
- 5: When Comparisons Lead to Over-Control
- 6: Fixing Your Eyes on the Attitude Indicator



When:

Where: