1. Draw shapes which represent people.

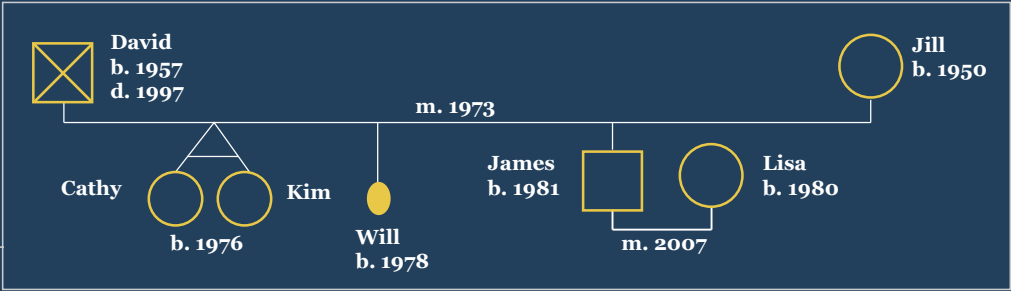| Male	Unknown Gender	Woman to Man	Gay	Stillborn/ Miscarriage	Abortion	Death	Man to Woman	Lesbian	Female

2. Add birth, death, and marriage year next to each shape.

Example

David
b. 1957
d. 1997

Jill
b. 1950

m. 1973

Cathy

Kim
b. 1976

Will
b. 1978

James
b. 1981

Lisa
b. 1980

m. 2007

3. Add lines between people to show their relationship.

Marriage	Legal Separation	Divorce	Engagement	Love Affair

Committed Relationship	Adopted Child	Foster Child	Fraternal Twins	Identical Twins

4. Add colored lines to show emotional connection.
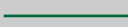
BFF/Very Close	Cutoff/Estranged	Emotional Abuse
Friendship/Close	Cutoff/Repaired	Hostile
Love	Discord/Conflict	Neglect
Normal	Distant/Poor	Manipulative/Controlling
	Indifferent/Apathetic	Physical Abuse
	Never Met	Sexual Abuse
		Violence

5. Shade in the box for conditions and write the condition next to the box

- Medical Illness
- Alcoholism
- Drug Abuse
- Gambling Addiction/ Ludomania
- Mental Illness

6. Add any other pertinent info and write or draw it next to the person.

(black sheep, secret keeper, etc.)