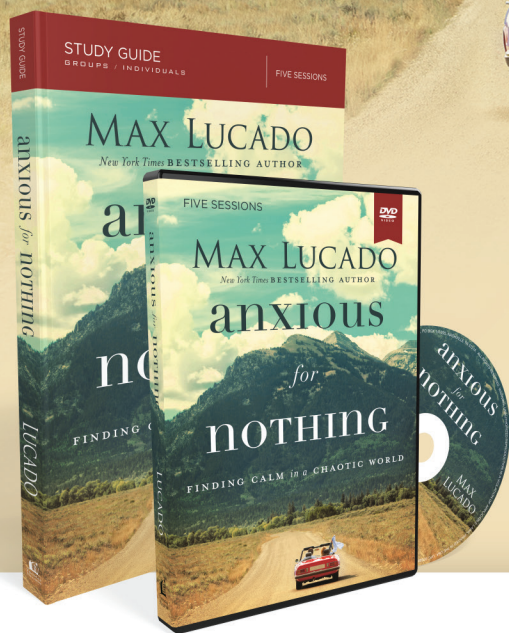


MAX LUCADO

New York Times BESTSELLING AUTHOR

anxious *for* NOTHING



God Has a Cure for Your Worries

In this five-session video Bible study, Max Lucado explores God's promises in Philippians 4:4–8 and shows that while anxiety is *part* of life, it doesn't have to *dominate* life. As you follow God's prescription for worry—celebrate his goodness, ask for help, leave your concerns with him, meditate on good things—you will experience his peace. You can stop letting anxiety rule your day . . . and find true calm and contentment in Christ.



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