

DISCUSSION GUIDE

HIS
Mighty
STRENGTH

WALK DAILY *in the* SAME POWER THAT
RAISED JESUS FROM THE DEAD

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Introduction:

STUCK IN THE VALLEY

1. What prompted you to read this book?

2. What are you hoping to learn by reading this book?

3. Have you been betrayed by someone? If so, what was your experience? How did it affect you physically and emotionally?

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4. What number would you choose on the empowerment scale in this chapter?

How has that number changed during different seasons of your life?

5. When have you felt powerless?

6. When have you felt empowered?

Chapter 1

WHAT JESUS
LEFT BEHIND

1. Why do you think it is important to understand that Jesus existed before his birth?

2. In what ways did Jesus demonstrate his dependence on God?

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3. Why do you think despair and hopelessness are feelings that are often associated with powerlessness?

4. Is it difficult for you to admit that you are powerless? Why or why not?

5. How are powerlessness and vulnerability related?

6. How are you currently protecting yourself against vulnerability? How are those actions preventing you from being empowered?

Chapter 2

WHAT WE NEED TO LEAVE BEHIND

1. Why do you think we sometimes struggle for control rather than depending on God?

2. What are your favorite verses in Proverbs about wisdom?

3. What are your strategies for anchoring your mind in biblical truth?

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4. Why is it necessary to repeatedly surrender yourself to God?

5. If you've surrendered control to God in the past, what changes did you experience after doing so?

6. Who in your life is a model for remaining calm during life's storms?

Chapter 3

HOW JESUS LIVED

1. When do you struggle to obey God?

2. What does it look like in practice to align your life with God's will for you?

3. Who would people say you are by looking at your works?

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4. What distractions pull your focus away from God?

5. What changes can you make to help you keep your eyes fixed on God?

6. How are obedience to God and surrendering to Him tied together?

Chapter 4

HOW WE NEED TO LIVE

1. What do you think it means to make God's will your passion? How is that different from how you currently view God's will?

2. When have you clearly heard God's will for you?

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3. What does it mean to hide God's Word in your heart?

4. How can you structure your thoughts so that you have a dialogue with God throughout each day?

5. Have you felt God speaking through your circumstances in the past? If so, what was your experience?

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6. Do you have any pain or trauma that you are having trouble leaving behind?
If so, why do you think you are struggling to move forward?

7. What do you think God might be calling you to do next? How do you feel about that calling?

Chapter 5

HOW JESUS ROSE FROM THE DEAD

1. How does it make you feel to know that you have access to the power source that allowed Jesus to perform miracles and rise from the dead?

2. Which of the eight claims explored in this chapter might help you reset your mind on truth?

3. When have you felt a need for supernatural power in order to move forward?

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4. What are some of your favorite verses for strength and guidance?

5. Are you comfortable with claiming the power of the Spirit? Why or why not?

6. What are you holding back on because of fear or anxiety? How can you surrender those feelings to God?

Chapter 6

HOW WE WILL RISE

1. When have you witnessed or experienced the power of the Holy Spirit?

2. In what ways is the Holy Spirit a lamp for us?

3. How have you experienced God's comfort during a difficult time?

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4. What spiritual gifts have you received? How have you used them to do God's work?

5. If you aren't sure what your spiritual gifts may be, who might be able to help you discover them?

6. What mountains do you face? Where do you rate yourself on the empowerment scale when you think of those mountains? How do those ratings change when you think of God's power being available to you?

Afterword

DANCING ON MOUNTAINS

1. Do you feel as though your place on the empowerment scale has changed after reading this book? Why or why not? If so, where do you place yourself now?

2. What have you learned by reading this book?

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3. In what ways have you been encouraged by reading this book?

4. How would you describe this book to your friends?
