

When I'm feeling anxious
and depressed these are my
go-to scriptures that I stand on.
My prayer is that they
will do the same for you.

Shawn

I CAN HAVE HOPE, JOY & PEACE

**May the God of hope fill you with
all joy and peace as you trust in him,
so that you may overflow with hope
by the power of the Holy Spirit.**

ROMANS 15:13

JESUS MADE PEACE POSSIBLE FOR ME

**Peace I leave with you;
my peace I give to you.**

Not as the world gives do I give to you.

**Let not your hearts be troubled,
neither let them be afraid.**

JOHN 14:27

***GOD CARES
& I CAN RELEASE
MY ANXIETY TO HIM***

**Cast all your anxiety on him
because he cares for you.**

1 PETER 5:7

***NO MATTER HOW
BAD IT'S GOTTEN***

**Now may the Lord of peace himself
give you peace at all times
in every way. The Lord be with you all.**

2 THESSALONIANS 3:16

I DON'T HAVE TO BE AFRAID

Be strong and courageous.

**Do not be afraid; do not be discouraged,
for the Lord your God
will be with you wherever you go.**

JOSHUA 1:9

I AM SAFE

**The Lord will keep you from all harm—
he will watch over your life.**

PSALM 121:7

I AM PROTECTED

**But the Lord is faithful,
and he will strengthen you and
protect you from the evil one.**

2 THESSALONIANS 3:3

***I AM LOVED
EVEN WHEN
I'M STRUGGLING***

**But God demonstrates his own love
for us in this: While we were
still sinners, Christ died for us.**

ROMANS 5:8

GOD IS WITH ME

Have I not commanded you?

Be strong and courageous.

**Do not be afraid; do not be discouraged,
for the Lord your God
will be with you wherever you go.**

JOSHUA 1:9

***GOD WILL
NEVER LEAVE ME***

**And surely I am with you always,
to the very end of the age.**

MATTHEW 28:20

GOD WILL STRENGTHEN ME

**I can do all things through
Him who strengthens me.**

PHILIPPIANS 4:13 NASB

GOD WILL GUIDE ME

**Your word is a lamp
for my feet, a light on my path.**

PSALM 119:105

GOD WILL EMPOWER ME

**What, then, shall we say
in response to these things?**

**If God is for us,
who can be against us?**

ROMANS 8:31

GOD IS GREATER THAN MY ANXIETY OR DEPRESSION

**You, dear children, are from God
and have overcome them, because
the one who is in you is greater
than the one who is in the world.**

1 JOHN 4:4

I AM MORE THAN A CONQUEROR

**No, in all these things
we are more than conquerors
through him who loved us.**

ROMANS 8:37

***NO WEAPON
FORMED AGAINST ME
SHALL PROSPER***

**No weapon formed
against you shall prosper.**

ISAIAH 54:17 NKJV

GOD HAS A PLAN WHEN I CAN'T SEE IT

**'For I know the plans I have for you,'
declares the Lord, 'plans to
prosper you and not to harm you,
plans to give you hope and a future'.**

JEREMIAH 29:11

GOD IS WORKING WHEN I CAN'T FEEL IT

**And we know that in all things
God works for the good of those
who love him, who have been
called according to his purpose.**

ROMANS 8:28

NOTHING IS IMPOSSIBLE FOR MY GOD

**Jesus looked at them and said,
'With man this is impossible,
but with God all things are possible'.**

MATTHEW 19:26

I WILL BE VICTORIOUS

**For the Lord your God
is the one who goes with you
to fight for you against
your enemies to give you victory.**

DEUTERONOMY 20:4