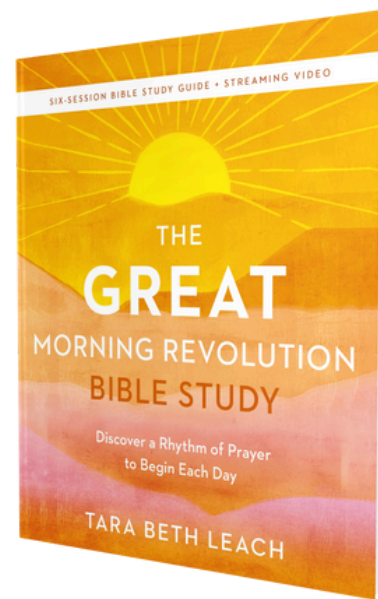


Is *The Great Morning Revolution* Bible Study right for your group?



Overview

The GREAT Morning Revolution is a six-session video Bible study by Tara Beth Leach, designed to help participants establish a life-changing rhythm of daily morning prayer. The study focuses on intentionally creating space to meet with God before the day's demands begin, transforming both mornings and lives. Participants will learn to build a robust morning practice, week by week, that incorporates Gratitude, Reflection, Exaltation, Asking, and Trusting (GREAT).

Study Structure

This six-week study gradually introduces new elements to build a sustainable morning prayer routine. Each week focuses on a specific theme and adds a new layer to the practice.

Sessions

- **Week 1: Joy Comes in the Morning** – Establishes the foundation of a morning routine with a set wake-up time, a sacred space, and stillness.
- **Week 2: Gratitude** – Introduces the practice of thankfulness as a foundation for prayer.
- **Week 3: Reflection** – Focuses on looking inward and looking back at God's faithfulness.
- **Week 4: Exaltation** – Incorporates worship and praise into the morning routine.
- **Week 5: Asking** – Guides participants in bringing their requests and needs to God.
- **Week 6: Trusting** – Emphasizes surrendering the day and anxieties to God

Typical Session Format (60–90 minutes)

- Welcome & Icebreaker
- Opening Theological Reflection & Prayer
- Scripture Reading
- Video Teaching (approx. 20-28 minutes)
- Group Discussion (approx. 45 minutes)
- Closing Reflection & Prayer



Preview Session 1 Now!

<https://bit.ly/4Q61YZG>

Key Features

- 1 Gradual Implementation:** The study is structured to help participants build a morning prayer routine incrementally, making it less overwhelming and more sustainable.
- 2 Video-Driven Content:** Each week includes a video teaching session from author Tara Beth Leach, providing expert instruction and inspiration. Free streaming access is included with the purchase of a study guide.
- 3 Discussion-Oriented:** Significant time is dedicated to group discussion, allowing participants to process the material, share insights, and learn from one another in a community setting. The included leader's guide provides tips for facilitating these conversations.
- 4 Personal Study:** Between group sessions, participants engage with five days of personal Bible study, including inductive study, reflection questions, and guided prayer practices.

Resources & Recommendations

Materials for Leaders

- A copy of *The GREAT Morning Revolution* Study Guide (with streaming video access), which includes a leader's guide
- Bible
- A dedicated meeting space
- A device to stream the video sessions, like a smart TV, computer, or tablet



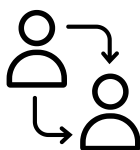
Ideal Size:
8-10 participants



Great for:
Men's, Women's
and Mixed Groups

Materials for Participants

- A copy of *The GREAT Morning Revolution* Study Guide (with streaming video access), for each participant
- Bible
- A copy of *The Great Morning Revolution* book (optional)



Facilitation:

The leader acts as a facilitator rather than a teacher, guiding the experience and cultivating a safe environment for spiritual growth.

About the Author



Tara Beth Leach is a pastor, writer, and speaker who shares her passion for Women in Ministry, Church Leadership, and being a Radiant Witness at conferences and universities nationwide. She serves as the Senior Pastor at Good Shepherd Church in Naperville, IL, and has previously led congregations in Oakbrook and Pasadena, CA. She is the co-founder of Propel Ecclesia, co-host of *The Pastors Table* podcast, author of three books, and a proud wife and mother.

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