



Bible Studies for the New Year



*Start the New Year
with intention and meaning*

Bible studies to help you build new habits and deepen
your faith from trusted voices.



HarperChristian
Resources

Habits + Spiritual Rhythms

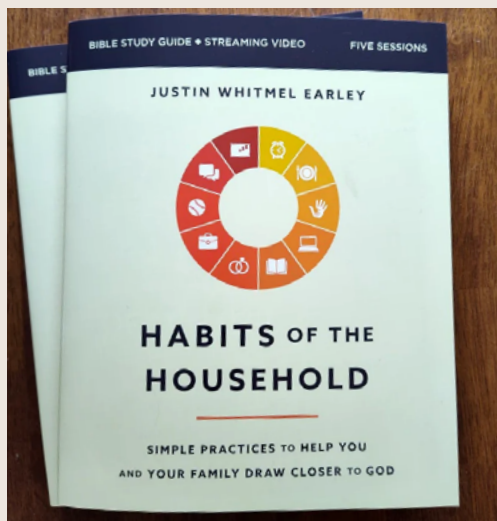
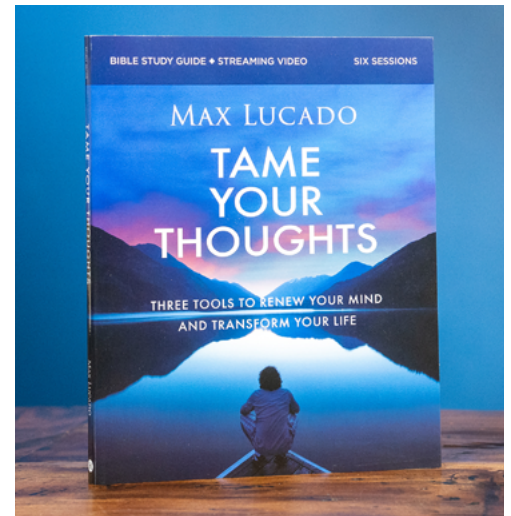
TAME YOUR THOUGHTS by Max Lucado

 **6 Sessions**

Learn practical, biblical strategies for calming anxious thoughts and renewing your mind, with tools rooted in scripture.

[Now streaming on StudyGateway](#)

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HABITS OF THE HOUSEHOLD by Justin Whitmel Earley

 **5 Sessions**

Discover simple, daily habits for families to draw closer to God and one another, offering routines that transform ordinary moments into opportunities for spiritual growth.

[Now streaming on StudyGateway](#)

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WHEN STRIVINGS CEASE by Ruth Chou Simons

 **6 Sessions**

Break free from the pressure of perfectionism as Ruth Chou Simons guides you to embrace God's grace and discover your true worth beyond endless striving.


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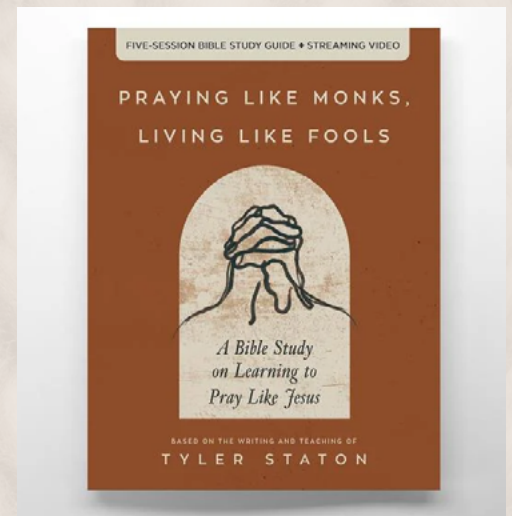
Build a Habit of Prayer

PRAYING LIKE MONKS, LIVING LIKE FOOLS by Tyler Staton

 **5 Sessions**

Unpack the Lord's Prayer into four core practices: adoration, confession, petition, and intercession and discover that prayer doesn't begin with you; it begins with Jesus.
[Now streaming on StudyGateway](#)

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THE GREAT MORNING REVOLUTION by Tara Beth Leach

 **6 Sessions**

Kickstart your mornings with a revitalized prayer routine using the acronym GREAT - Gratitude, Reflect, Exalt, Ask, and Trust.
[Now streaming on StudyGateway](#)

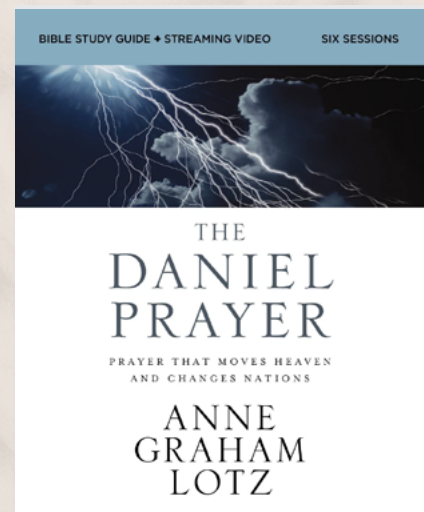
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THE DANIEL PRAYER by Anne Graham Lotz

 **6 Sessions**

Experience a bold, biblical approach to prayer that equips believers to pray with greater faith and impact, modeled after Daniel's prayers in Daniel 9.
[Now streaming on StudyGateway](#)

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Spiritual + Emotional Health

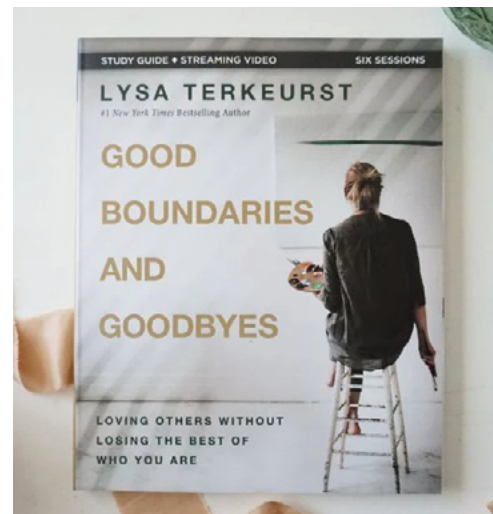
GOOD BOUNDARIES AND GOODBYES by Lysa TerKeurst

 **6 Sessions**

Learn practical, biblically sound strategies for establishing healthy boundaries and navigating difficult relationships.

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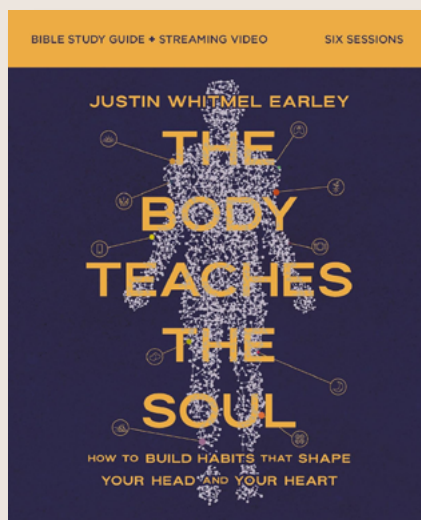
THE BODY TEACHES THE SOUL by Justin Whitmel Earley

 **6 Sessions**

Explore how caring for your physical body can nurture your spiritual growth, with routines that connect daily habits to deeper faith.

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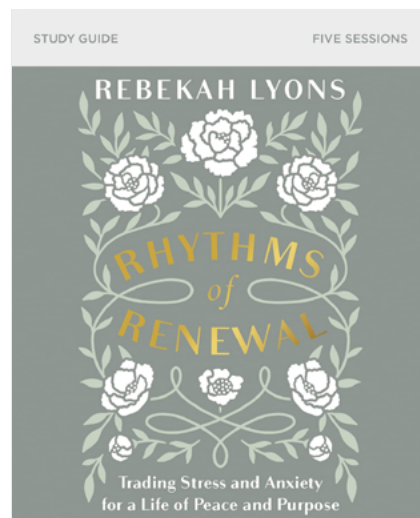
RHYTHMS OF RENEWAL by Rebekah Lyons

 **5 Sessions**

Trade stress and anxiety for a life of peace and purpose, with four practical rhythms that help quiet inner chaos and make room for a flourishing life.

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Read the Bible More

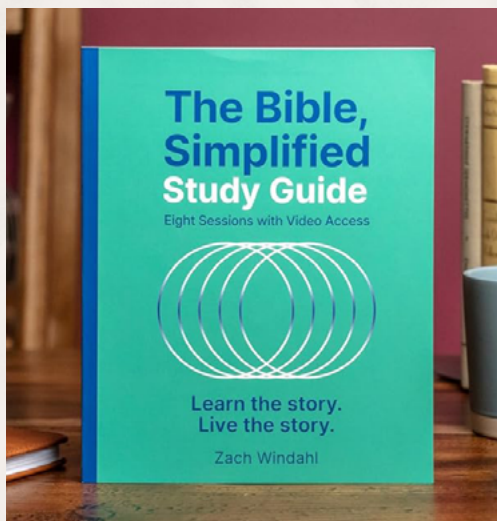
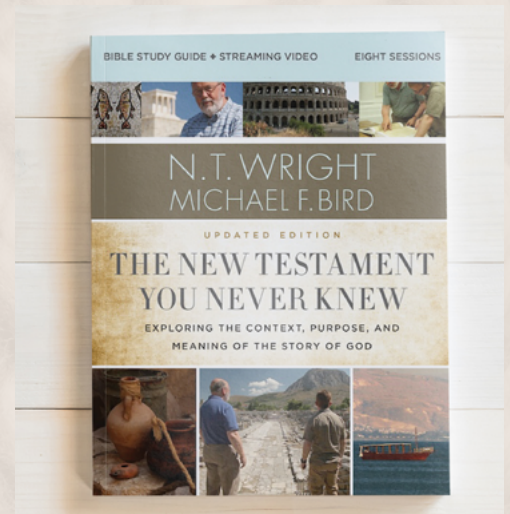
THE NEW TESTAMENT YOU NEVER KNEW by N.T. Wright & Michael Bird

 **8 Sessions**

Gain fresh insights and historical context as you explore the New Testament's origins and message with two leading Bible scholars.

[Now streaming on StudyGateway](#)

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THE BIBLE, SIMPLIFIED by Zach Windahl

 **8 Sessions**

Gain a better understanding of Scripture as a whole, so that you can better grasp what it means, and how it helps you deepen your relationship with Christ.

[Now streaming on StudyGateway](#)

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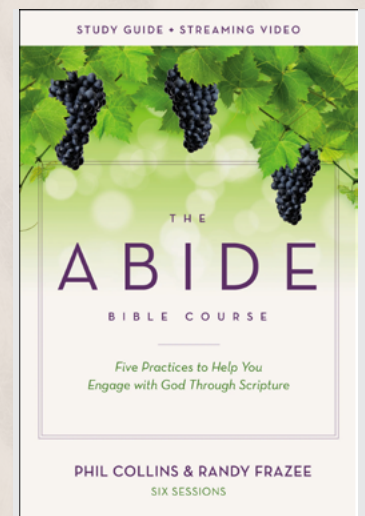
THE ABIDE BIBLE COURSE by Phil Collins & Randy Frazee

 **6 Sessions**

Deepen your Bible engagement with five creative practices that help you read, reflect, and respond to Scripture in new ways.

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Year-Long Workbook Studies

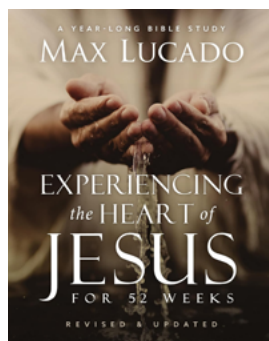
Designed to start any time, study a common theme for the entire year in these 52-week Bible studies from your favorite Bible teachers and authors!



PRAYING THE NAMES OF GOD FOR 52 WEEKS by Ann Spangler

Deepen your understanding of God's character by focusing on a different name and attribute each week.

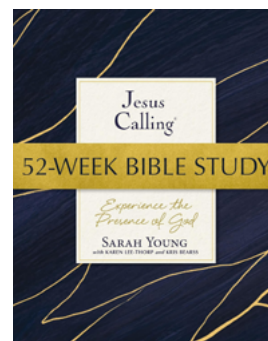
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EXPERIENCING THE HEART OF JESUS FOR 52 WEEKS by Max Lucado

Study 11 key characteristics of Jesus and encounter a deeper experience of the person and character of Jesus all year long.

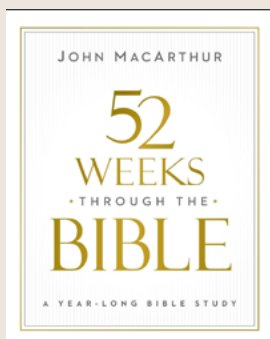
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JESUS CALLING 52-WEEK BIBLE STUDY by Sarah Young

Learn how to make space in your life for the Spirit of God to speak to you through the Word of God and the people of God as you experience Jesus' love every day.

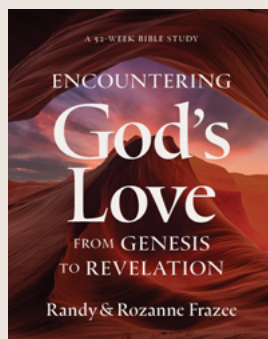
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52 WEEKS THROUGH THE BIBLE by John MacArthur

Travel through key passages of Scripture each week for a comprehensive and practical approach to Bible study.

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ENCOUNTERING GOD'S LOVE FROM GENESIS TO REVELATION by Randy & Rozann Frazee

Discover the beautiful intersection of your life and God's divine narrative as you study how the stories and teachings of the Bible connect to one larger testament of God's love.

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Not finding what you're looking for?

Answer a couple of questions, and we will provide custom recommendations for you and your group!

GET YOUR RECOMMENDATIONS

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